

This is one excellent carrot cake!! Delicious, moist, very easy to mix together and came out of the pan with no problems.

Diabetic Carrot Bars

A great treat for those with special dietary needs. These bars use Equal sweetener making them a sugar free alternative to regular carrot bars.

2 eggs
1 ½ tsp. Equal sweetener
¾ cup oil
1 cup grated raw carrots
¼ cup raisins (optional)
¼ cup chopped walnuts (optional)
1 ¼ cups flour
1 tsp. soda
1 tsp. cinnamon
Dash of salt

In a large mixing bowl, blend together the eggs, Equal, oil and carrots (and optional raisins and chopped walnuts). Add the soda, cinnamon and salt mixing well. Add the flour until well mixed. Pour the mixture into a greased and floured 8" square pan. Bake at 350° for 25 minutes or until firm in the center.

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Save your margarine or butter wrappers to grease your baking pans. Just fold in half and put in refrigerator. Take out and add a little shortening and spread in pan - then throw away.

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