

This cake was awesome. Has a great flavor, with the coconut flakes. Serve this for your next gathering!

Coconut Cake (Own Thee Moant)



- 3/4 cup farina
- 1/2 cup sifted flour
- 1 tsp. baking powder
- 1/4 lb. butter
- 1 cup sugar
- 4 egg yolks
- 1 1/2 cups flaked coconut, chopped fine
- 1 tsp. vanilla extract

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- 4 egg whites, stiffly beaten
- Preheat the oven to 350 degrees.

Sift the farina, flour, and baking powder together. Cream the butter; add the sugar and beat until light and fluffy. Beat in one egg yolk at a time, and then add the flour mixture, coconut, and vanilla. Fold in the egg whites. Turn into 2 buttered 8-inch layer cake pans. Bake 20 minutes, or until a cake tester comes out clean. Cool on a cake rack. May be decorated with whipped cream and grated coconut.

Gourmet Cookie Bouquets.com

What is Farina? It is a flour or meal of grain or starchy roots. Also sold as Cream of Wheat, farina is made from the endosperm of the grain, which is milled to a fine granular consistency and then sifted. Farina is most often served as a breakfast cereal, but can also be cooked like polenta.

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