

Here is a tasty comfort food. I like to fry some mushrooms with onions and serve this with mashed potatoes and peas or beans. Good for family or company; tastes good and pretty presentation.

## Broiled Steak

- 1 1/2 lb. sirloin steak cut 3/4-inch thick
- 1/2 cup soy sauce
- 1/4 cup sake or sherry
- 2 tbs. sugar
- 1 minced garlic clove
- 2 tbs. minced ginger root
- 1 tbs. oil

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Pound the meat with a cleaver or knife to a thickness of 1/2 inch; cut in 4 inch squares. Mix together the soy sauce, sake or sherry, sugar, garlic, and ginger. Marinate the steak in it for 4 hours or overnight. Drain and arrange on an oiled boiling pan. Broil for 2 minutes on each side (as close to the heat as possible) or to desired degree or rareness. Serve with chopped scallions if desired.



Look for a steak that has marbling. It is the thin threads of fat running through the meat that makes it Prime and gives it that incredible flavor.

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