

This soup is a delightful, semi-creamy soup with the nice, peppery taste of fresh watercress. This pureed soup will titillate your taste buds.

Watercress Soup - Suy Yeung Choy Tong

- 1/2 lb. raw pork
- 2 tbs. soy sauce
- 2 tsp. cornstarch
- 1/2 tsp. sugar
- 1/4 tsp. pepper
- 2 tbs. oil
- 3 bunches watercress
- 2 tsp. sliced ginger root
- 6 cups chicken broth or water
- 1/2 tsp. Ac'cent
- 2 tsp. salt
- 2 eggs

Trim the pork of all fat and dice the pork. Toss with the soy sauce, cornstarch, sugar, pepper, and 1 tbs. oil. Discard the stems of the watercress; wash and drain.

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Heat the remaining oil in a saucepan; fry the ginger in it for 1 minute. Stir in the broth or water and bring to a boil. Add the watercress, Ac'cent, salt, and pork mixture. Cover and cook over low heat 20 minutes.

Beat the eggs well and mix into the soup until set.



Watercress can be harvested as needed. Its biting taste is a wonderful addition to your fresh salads, and a favorite for tea sandwiches. Pick some up on your next trip to the produce section or farmer's market.

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