

This is a awesome side dish to any meal. With the colorful green peppers and eggs it looks and taste wonderful.

Uova Con Peperoni - Eggs With Peppers

- 5 eggs
- 4 large firm green peppers
- 5 tbs. olive oil
- 1 clove garlic
- Salt and pepper to taste

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Clean, seed, and slice peppers lengthwise in 1 inch strips. Beat eggs thoroughly. Heat oil in large frying pan. When hot, add garlic and sliced peppers. Fry until slightly brown, about 5 minutes. Lower flame; cover pan; sauté slowly for 15 minutes or until peppers are soft. Fold in beaten eggs. Stir gently until eggs are of consistency desired. Remove from fire; serve immediately.

Serves 4.



When buying peppers choose firm, heavy peppers with deeply colored, shiny skin, and avoid any that are shriveled, soft, or limp. Store peppers in a plastic bag in the refrigerator for up to five days.

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