

Kugel is a Jewish noodle pudding that is usually served as a side dish at meals. Try it, you'll like it!

Barley Kugel

- 1 cup pearl barley
- 4 cups boiling water
- 2 teaspoons salt
- 1/2 pound chopped mushrooms
- 2 onions, sliced
- 2 tablespoons fat or butter
- 1/4 teaspoon pepper
- 2 eggs, beaten

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Stir the barley into the water. Bring to a boil; add the salt, cover and cook over low heat or until soft. Drain.

Brown the mushrooms and onions in the fat or butter. Add to the barley with the pepper and eggs. Taste for seasoning. Turn into a greased baking dish or casserole. Bake in a 350 degree oven for 40 minutes or until browned and set. Serves 6 as a substitute for potatoes.



To reconstitute dried mushrooms, cover with warm liquid (water, broth, wine, etc.) and let sit at least 30 minutes. Drain, rinse, and blot on paper towels.

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