

This meal is easy to put together, but makes such a nice impression. This is great for guests, or dinner for a special someone. Enjoy this great Chicken Kiev recipe!

Chicken Kiev



- 4 medium size chicken breast (split lengthwise, skinned and boneless)
- Salt
- 1 tablespoon green onion, chopped
- 1 tablespoon chopped parsley
- 1/4 pound butter
- 2 beaten eggs
- Flour and dry bread crumbs

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Place each piece of chicken between two pieces of waxed paper. Pound with something to flatten chicken. Peel off paper and sprinkle with salt. Place a piece of butter at each end of cutlet. Sprinkle with parsley and onion. Roll meat like a jelly roll, tucking in sides and ends. Dust each roll with flour and dip in beaten egg; then roll in bread crumbs. Chill for an hour. Fry in hot fat about 15 minutes until golden brown.

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When you are cooking any kind of birds they should be cooked breast down to start and then finished on the other side to allow the juices and fat to flow into the breast meat.

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