

A easy salad, nice for lunch, with soft bread sticks.

Apple-Pineapple Salad

- Low-fat mayonnaise, and/or low-fat yogurt can be used.
- 2 apples, cored and peeled
- 1 (20 ounce) can pineapple chunks, drained, with 1-2 tablespoons juice reserved
- 1/2 cup chopped walnuts
- 1/2 cup raisins or chopped dates
- 1/4 cup mayonnaise or low-fat plain yogurt

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1. In a medium bowl, combined the apples, pineapple, walnuts, and raisins or dates.
2. In a small bowl, mix the mayonnaise or yogurt with the pineapple juice.
3. Pour the dressing over the fruit. Chill until ready to serve.



When substituting yogurt for sour cream in a dressing, use a little less vinegar, as the yogurt is naturally acidic.

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Baby Bear Candy & Cookie Bouquet



A fun ty 'my baby' beanie bear wearing an 'I Love Mommy' bib (suitable for baby to wear) sits atop this polka dot covered gift bag. Available in either a pink or blue color scheme, this gift also includes numerous treats to help keep Mom and Dad's strength up during those first few months of sleepless nights - an It's a Girl/Boy decorated butter star-shaped cookie, a tube of mini M&M's, three lollipops, three twinkle star suckers, one package of retro candy buttons, three fun size candy bars and 32 pieces of hard candy on stems. This beautiful arrangement is a great way to congratulate the new parents on the arrival of the newborn baby.

Price: \$ 50.00

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